

PLATES CATERING

EXPRESS BREAKFAST & COFFEE BREAKS

Prices shown are per person.

MORNING BREAK OR STARTER \$3.75 *With full beverage juice, coffee, tea & water: \$5.75*

Fresh fruit trays with and assortment of juices or coffee and tea.

or...

Fresh fruit skewers with honey strawberry yoghurt dip and an assortment of juices or coffee and tea.

or...

Fresh baked goods with condiments and an assortment of juices or coffee and tea.

BUSINESS CONTINENTAL \$5.00 *With full beverage juice, coffee, tea & water: \$5.75*

Muffins, scones and baked goods with fresh fruit tray and assorted juices or coffee and tea.

FRESH FRUIT PARFAIT \$5.00 *With full beverage juice, coffee, tea & water: \$5.75*

Layers of honey yoghurt, fresh fruit and fresh cream served in a parfait glass topped with granola and an assortment of juices or coffee and tea.

PACIFIC PARADISE BREAKFAST \$8.50 *Add toast bar for \$1.25*

Egg dish (one style), hash browns, bacon, sausage, ham, fresh fruit salad, baked goods, yoghurt, juices, coffee and tea.

BARBEQUE STEAK & EGGS \$10.95

Steaks fresh off the grill with eggs any style, hash browns, pancakes with butter and syrup, fresh fruit salad, cottage cheese, yoghurt, baked goods, juices, coffee and tea.

ALL OR NOTHING \$12.50

Choose one style of eggs (scrambled, omelettes, benedict's, over easy etc.), bacon, sausage, ham, hash browns, pancakes or French toast, fresh fruit salad, baked goods, toast bar, yoghurt, cottage cheese, juice, coffee and tea.

AFTERNOON COFFEE BREAK \$3.50

With full beverage juice, coffee, tea and water: \$4.25 Add Fresh fruit tray: \$2.00

An assortment of dessert squares or donuts/pastries or homemade cookies with juice or coffee and tea.

If you see what you like, great! If you don't, let us know and we'll do our best to help!

Phone: 250-334-8087

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www.platescatering.com

